OGLETREE DEAKINS COMPLIMENTARY WEBINAR

RESILIENCE DURING UNCERTAIN TIMES: STRATEGIES FOR SUPPORTING AND ENGAGING EMPLOYEES

SPEAKERS

Maria Greco Danaher (Pittsburgh) Katherine Dudley Helms (Columbia) James M. McGrew, *Moderator*

DATE

Friday, April 3, 2020

TIME

11:00 a.m. – 12:00 p.m. Pacific 12:00 p.m. – 1:00 p.m. Mountain 1:00 p.m. – 2:00 p.m. Central 2:00 p.m. – 3:00 p.m. Eastern

COST

Complimentary

DESCRIPTION

During the COVID-19 global pandemic, supervisors, human resources personnel, and employees are facing unprecedented challenges and stressors. Now more than ever, these stressors may cause mental and emotional exhaustion, and may create seemingly insurmountable challenges for individuals and the workplace as a whole. Resilience is the ability to adapt to stressors, and can be an invaluable trait—especially in the midst of a pandemic crisis. Join this webinar for practical guidance on how to support the development of skills that all individuals can use to confidently and realistically respond to workplace stressors and adapt in the face of challenges.

REGISTRATION

Register online at <u>www.ogletree.com</u> or contact Marilu Oliver with any questions at (404) 870-1755 or <u>webinars@ogletree.com</u>.

Instructions for participation will be circulated before the webinar. If you have questions about CLE availability, please contact us at <u>cle@ogletree.com</u>.