

SPEAKERS

Maria Greco Danaher (Pittsburgh) Lisa Kaplan, *Moderator*

DATE

Wednesday, January 29, 2020

TIME

11:00 a.m. – 12:00 p.m. Pacific 12:00 p.m. – 1:00 p.m. Mountain 1:00 p.m. – 2:00 p.m. Central 2:00 p.m. – 3:00 p.m. Eastern

COST

\$99.00

\$49.00 (Ogletree Deakins client discount)

DESCRIPTION

Employees face new challenges and stressors on a daily basis—including digital disruption, technological developments, and an increasing overload of data. These and other stressors may cause mental and emotional exhaustion and negatively impact individuals and the workplace as a whole. Resilience is the ability to adapt to stressors, and there are steps that employers can take to build a resilient workforce. Join this webinar for practical guidance on how to support the development of skills that employees can use to confidently and realistically respond to workplace stressors and adapt in the face of challenges.

This session will help equip HR and legal professionals with the tools to drive the change necessary to increase effective employee engagement through resilience. Topics will include the following:

- The importance of emotional intelligence (EQ)
- The development of "conscious leadership"
- Examples of mindful communication and listening
- The role of mindful communication in legal ethics

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REGISTRATION

Register online at www.ogletree.com or contact Marilu Oliver at (404) 870-1755 or webinars@ogletree.com.

Instructions for participation will be circulated before the webinar. If you have questions about CLE availability, please contact us at cle@ogletree.com. If you need financial aid to attend this webinar, please click here.